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SUNDAY/AL-ANON

- C **Bedford** 9:30-11:00 AM
H D-010 #009003, Bedford Town Hall, Meeting House Rd.
- O **Claremont** 7:00-8:00 pm
H VT 001 #008972
Valley Regional Hospital, Buckley Conference Rm., 280 Main St.
- A **Contoocook** 7:00-8:30 PM
C 12 & 12 & 12 D-001 #060511
United Methodist Church, Maple St. (next to Community Ctr. Enter left side of bldg.)
- O **Deerfield Center** 7:30-8:30 PM
A D-002 #30540263
Deerfield Community Church UCC
15 Church St. (off 107) (side door)
- O **Derry** 7:00-8:30 PM Step Study
H D-009 #30515637
A First Parish Church
47 East Derry Road
- O **Keene** 5:00-6:00 PM
H D-007 #30563138
St. James Episcopal Church
44 West St. (use back door)
- Nashua** 7:30-9:00 PM
C D-008 #032180, Emmanuel
A Covenant Church, 24 Echo Ave.
H Exit 5W off Rte 3 to 111A, 1+ mi. rt. on Acacia, left on Echo Ave.
- C **Portsmouth** 9:00-10:00 AM
H D-012 #30526380
Community Campus; Foundation for Seacoast Health, Board Rm.
100 Campus Drive
Follow West Rd. (off Rte. 1)
- O **Salem** 6:00-7:00 PM
H D-009 #066449
Salem Haven Nursing Home Chapel
Geremonty Dr.
- C **Whitefield** 7:00 PM
D-006 #501435
Old Mill Studio, 36 King Square

MONDAY/AL-ANON

- O **Andover** 7:30-8:30 PM
D-001 #30549982
Andover Congregational Church
(Grange Hall) 7 Chase Hill Rd.
- C **Hampton** 6:45-8:00 PM, 4th Step
H D-012 #051522
Lane Library, Academy Ave
(No meeting on holidays)
- C **Keene** 11:30 AM-1:00
D-007 #039987
Clairvaux Center
St Bernard's Church
161 Main St

MONDAY AL-ANON continued...

- Laconia** 1:30-2:30 PM
D-004 #30559946
Congregational Church Parish
House, 18 Veterans Square
- C **Manchester** 7:30-9:00 PM
H Speaker Discussion D-010 #045304
Beginners 7:30-8:15
Elliot Hospital, 955 Auburn St
(Fleming Dining Commons)
- O **Meredith** 8:00-9:00 PM
D-004 #500378
First Congregational Church
Highland St. (use back door)
- C **Milford** 7:00-8:30 PM 12x12x12
H D-008 #062515 St. Joe's Milford
Med. Ctr. 442 Nashua St. (use
handicapped entrance east side of
building/ Community Ed. Room)
- O **Nashua** 10:30 AM-12 00
D-008 #066826
Millette Manor, 72 Vine St
(use handicap ramp to lower level)
- C **Peterborough** 7:00-8:30 PM
D-007 #041866
All Saints Episcopal Church
Parish House, 49 Concord St
- O **Plaistow** D-6:00-7:00 PM
T D-009 #30537390
Sad Café, 148 Plaistow Rd.
- C **Plymouth** 7:00-8:00 PM
H D-004 # 501212, 263 Highland St
Red Cape across from "Whole
Village". (use back door)
- O **Rochester** 7:30-8:50 PM
D-002 #009037, Emanuel Church
Eastern Ave (1/2 mi from PO)
- O **Winchester** 7:30 to 9:00 PM
A D007 #30532001
United Church of Winchester
(parsonage), 97 Main Street
- A **Wolfboro** 8:00-9:00 PM
Newcomers 7:00-8:00 PM
D-005 #009047
1st Congregational Church
So Main St. (thru double doors,
down ramp, room on right)

TUESDAY/AL-ANON

- Concord** 7:30-9:00 PM
D-001 #048542
Grace Episcopal Church
30 Eastman St (exit 16) E Concord
- C **Dover** 7:00-8:00 PM, Book Study
D-002 #30529644
St. John's United Methodist Church
28 Cataract Ave. (Near McIntosh
College, downstairs Wesley room)
- O **Laconia** 8:00-9:15 PM, Step Mtg.
A D-004 #048072
H Congregational Ch. Parish House
18 Veterans Sq.

TUESDAY AL-ANON continued...

- O **Littleton** 7:00-8:00 PM
D-006 #048543
First Congregational Church
189 Main St
(front door on right-upstairs)
- C **Manchester** 7:30-9:00 PM
H D-010 #009004
VA Hospital, 718 Smyth Rd.
(Emergency Rm. Entrance, follow signs)
- C **Nashua** 7:00-8:30 PM
H D-008 #048252
St. Joseph Hospital
172 Kinsley street, (Ask at front
desk for room location)
- O **New London** 7:00-8:00 PM
A D-003 # 063227
H First Baptist Church
Rte. 114
- C **North Hampton** 10:00-11:30 AM
H Beginners Meet 9:00-9:45AM
D-012 #009027
United Church of Christ
Atlantic Ave & Post Rd
- O **Salem** 7:30-9:00 PM
D-009 #041263
St. Julie Hall at St. Joseph's Church
40 Main St., Salem, NH

WEDNESDAY/AL-ANON

- C **Bedford** 10:00- 11:30 AM
H D-010 #045118 Step
Bethany Covenant Church
1 Covenant Way (Off Rte.101)
(Enter at Front of Church)
- O **Berlin** 7:00 -8:00 PM
D-006 #501106
The Salvation Army, 15 Cole St.
(use side door)
- A **Brentwood** 7:30-8:30 PM
O D-002 #30552757
Pilgrim United Church of Christ
197 Middle Rd.
- Concord** 7:00-8:15 PM Newcomers
D-001 #008974 Concord Hospital
5th floor. suite 5400
Group Therapy Rm., Pleasant St.
- Derry** 7:30-9:00 PM
D-009 #008977
First Parish Church
47 East Derry Rd.
- O **Dover** 10:00-11:30 AM
B D-002 #008978
First Parish Congregational Church
218 Central Ave
- C **Franklin** 6:15-7:15 PM
H D-001 #30562366
Webster Place,
27 Holy cross Rd.
(2nd bldg. on Rt.)

WEDNESDAY/AL-ANON continued

- C **Hampstead** 7:30 PM, Women's
D-009 # 502409 "
Hampstead Congregational Church
Hadley Hall 61 Main St.
- Hampton** 7:00- 8:00 PM
Beginners Welcome
D-012 #066976
Hobbs House -Trinity Episcopal
Church, 200 High Street
- C **Keene** 8:00-9:00 PM
A D-007 #008995
St James Episcopal Church,
44 West St. (elevator at parking lot)
- O **Meredith** 8:00-9:00 PM
A D-004 #066450
Meredith Congregational Church
Highland Street (use back door)
- A **Nottingham** 7:30-8:45 PM
O D-002 #060058
Nottingham Town Offices
139 Stage Rd., Rte. 152
(main entrance door & then sharp right)
- C **Portsmouth** 10:00-11:15 AM
Step/ Tradition D-012 #501184
Christ Church (Episcopal)
1035 Lafayette Rd. (at Mirona Rd.
across from McDonald's/ side door)
- H **Rochester** 7:30- 8:30 PM
A D-002 #047848
O Trinity Anglican Church
180 Rochester Hill Rd. (Rte. 108)
(park/enter in back)

THURSDAY/AL-ANON

- A **Concord** 12:00 Noon-1:00
D-001 #044273 Step Meeting
First Congregational Church
Cnr. Washington & No Main St.
- Conway** 12:00 Noon
D-005 #060851
Conway Vill. Congregational Church
Main St. (In basement – stairs near front
door)
- H **Epsom** 7:15-8:15 PM
D-001 #30516643
New Epsom Public Library
1606 Dover Rd., Rte. 4
(No meeting on holidays)
- Hampton** 10:30 AM-12:00
Newcomers 9:30-10:30 AM
D-012 #044716
Our Lady of the Miraculous Medal
289 Lafayette Rd, Rte 1
- O **Keene** Noon-1:00
D-007 #061705
United Church of Christ (parlor)
23 Central Square

THURSDAY/AL-ANON continued

- O **Laconia** 8:00 PM
A D-004 08996
H Congregational Church Parish
House, 18 Veterans Square
- O **Lebanon** 6:30-7:30 PM
H D-003 #30529642
United Methodist Church
18 School Street (Park School St.or
school yard. Enter middle door, left side
of Church)
- O **Londonderry** 7:00-8:30 PM
D-009 #30563136
Londonderry Presbyterian church
Avery House, 125 Pillsbury Rd.
- C **Manchester** 7:30-9:00 PM
H Beginners 7:30-8:15
D-010 #044541
St. Raphael's Church
corner 3rd & Ferry St.
(use Ferry St. Entrance)
- C **Nashua** 10-30 AM-Noon
H D-008 #030299
Millette Manor,
72 Vine St
(use handicap ramp to lower level)
- C **Nashua** 7:30-9:00 PM
H Newcomers 7:00-7:30
D-008 #046114
St. Joseph Hospital
Carl Amelio Rm. Ground Floor
- Plaistow** 7:00-8:00 PM
Step Meeting D-009 #052697
First Baptist Church
Main St. (second floor)
- C **Portsmouth** 7:15-8:15 PM
T Adult Child D-012 #502827
Christ Episcopal Church
1035 Lafayette Rd. (Across from
McDonalds- use glass side doors)
- A **Sanbornville** 7:30-8:30 PM
H D-005 #009040
Sanbornville United Methodist
Church 181 Meadow St.
(Left side door)

FRIDAY/AL-ANON

- O **Center Ossipee** 10:30-11:30 AM
A Seasonal Apr-Oct
D-005 #30502305
First Congregational Church
(new building in rear)
Old Rte. 16 (yellow ramp at rear door)
- Dover** 7:00-8:00 PM
D-002 # 025269"
St. John's United Methodist Church
28 Cataract Ave. (near McIntosh
Coll.) Downstairs-Junior High Room
- O **Durham** 12:00 Noon-1:00 ,D-002
H #30527476, UNH Campus, Health
Bldg (brick) Second floor conf. rm.,
Corner Main & Ballard (no meeting
UNH breaks, closures or Summer

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FRIDAY/AL-ANON continued...

- Enfield** 8:00-9:00 PM
A D-003 #008981
St Helena's Church
36 Shaker Hill Rd.
"Little Shepherd's Rm." (thru
garages, 2nd door on right)
- Hampton** 8:00-9:00 PM
A D-012 #008990
United Methodist Church
525 Lafayette Rd. (Rte. 1), just north
of Rte 27. (upstairs in Library room)
- Laconia** 9:30 AM
H D-004 #048669
Congregational Church
Parish House
18 Veterans Square
- Manchester** 6:30-7:30 PM
H CAL Literature D-010# 503815
CMC Medical Center
100 McGregor St. (Take 3rd
elevator to Floor G, Rm G2)
- Nashua** 7:00-8:00 PM
A D-008 #065740
H St. Joseph Hospital
172 Kinsey Street (Ask at front
desk for room location)
- Nashua** 7:00-8:30 PM
H D-008 #30554544, Beginners
Keystone Hall, 5 Pine St. Extension
(press doorbell or use back door)
- No Conway** 8:00-9:00 PM
A D-005 #009026
Gibson Center, Corner Main &
Grove St.
- Portsmouth** 7:30-8:30 PM
A O D-012 #039977
H Community Campus; Foundation for
Seacoast Health, Board Rm.
100 Campus Drive
Follow West Rd. (off Rte. 1)

SATURDAY/AL-ANON

- Center Harbor** 8:00 AM
O D-004 #502925
Center Harbor Congregational
Church, 52 main Street-
(enter right side front door)
- Hampton** 1:00-2:30 PM
H D-012 #030478
Our Lady of Miraculous Medal
Parish Hall (downstairs)
289 Lafayette Rd, Rte 1
- Laconia** 8:00-9:15 PM
H D-004 #047013
A Lakes Region Gen. Hospital
80 Highland St.
Conference Room 1-B 1st. floor

SATURDAY/AL-ANON continued

- Londonderry** 9:30-11 AM
H D-009 #042010
St Marks Church
(Corner South St. & Mammoth Rd.)
- Nashua** 9:00-10:30 AM
H D-008 #30507121
So NH Regional Medical Center
West Campus
29 Northwest Blvd.
- Nashua** 7:30-8:30 PM
A Spanish Speaking "Esperanza"
D-008 #501976
Wellness Millette (basement)
72 Vine St.
- Tamworth** 8:00-9:15 PM
O D-005 #009044
H St Andrews Episcopal Church,
A Old Rte 25

ALATEEN MEETINGS**MONDAY ALATEEN**

- * **Plaistow** 6:00-7:00PM
C D-009 #30536855
Sad Café
148 Plaistow Rd. (Rte. 125)
- * **Rochester** 7:30-8:50
C D-002 #30563292
Emmanuel Church
24 Eastern Ave. (1/2 mile from PO)
Starts Sept. 20, 2010
- * **Portsmouth** 7:30-8:30 PM
C D-012 #30552191
A Community Campus - Library
100 Campus Drive
Follow West Rd. (off Rte. 1)

FRIDAY ALATEEN

- * **Portsmouth** 7:30-8:30 PM
C D-012 #30552191
A Community Campus - Library
100 Campus Drive
Follow West Rd. (off Rte. 1)

Al-Anon Declaration**Let It Begin With Me**

When anyone, anywhere,
reaches out for help,
let the hand of Al-Anon and
Alateen always be there, and
--- Let it Begin With Me.

**NH AL-ANON/ALATEEN
CONVENTION**

CELEBRATING THE TOOLS OF
RECOVERY

Save the Week-End
Nov 5 to 7, 2010

**The Radisson Hotel
Manchester, NH**

Al-Anon/Alateen IN NH (Area 35)**Alanews Needs You!**

Send articles, anniversary information and
announcements to alanews@nhal-anon.org
or to the address below.

**Send Contributions For
State of New Hampshire / Area 35:**

NHWSA
PO BOX 220
CONCORD NH 03302
Make checks payable to:
NHWSA (Area 35)

AL-ANON/ALATEEN
Answering Service of NH
Toll Free **1-877-825-2666**
LOCALLY **603-645-9518**

ALCOHOLICS ANONYMOUS

Toll free: **1-800-593-3330**
<http://www.nhaa.net>

LITERATURE

You can order literature from the World Service Office
online or download an order form at
<http://www.al-anon.org>. For a catalog call 1-757-563-
1600. Make checks payable to: **AFG, Inc. 1600
Corporate Landing Parkway, Virginia Beach, VA
23454-5617**

Area 35 Assemblies:

GR's attend to represent their group members. **

Sat Oct 16 Register 9:00 a.m. Mtg. 9:30 - 4:00

Area 35 World Service Committee Meetings:

DR's attend to represent their districts. **

Sun Sep 19 Register 11:30 am Mtg 12:00 - 4:00

Sun Nov 21 Register 11:30 am Mtg 12:00 - 4:00

(No meetings April, June, July, Dec.)

** All meetings are in the Concord Hospital, Conference
Rm. A, unless otherwise noted.

All Al-Anon/Alateen Members are welcome to attend
these meetings.

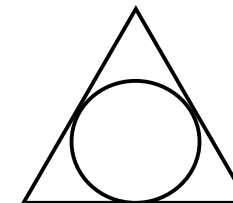
Come find out about YOUR NH Al-Anon/Alateen!

**Does Someone's Drinking
Trouble You?**

NEW HAMPSHIRE AL-ANON/ ALATEEN

MEETING LIST

August 31, 2010



"When our information service office lists a group,
at their request, there is an informal agreement that
the group will abide by Al-Anon Traditions and
keep its doors open to any Al-Anon member.
Listing in this directory does not constitute approval
of any group's manner of practicing the Al-Anon
program. If the group you attend is not right for
you, please try another. There is help available in
Al-Anon."

Meetings listed are in English and non-
smoking unless otherwise noted:

- A AA Meeting nearby
- B Baby-sitting provided
- C Closed Meeting - for those who feel
their lives have been or are being
affected by close contact with a problem
drinker
- D District number
- H Handicapped accessible
- O Open Meeting- for everyone including
those who have not been affected by a
problem drinker
- T Alateen Meeting nearby
- # Group number
- * Al-Anon same time and place

**Send new meeting registrations and
information changes to:**

GROUP RECORDS COORDINATOR
67 WALNUT AVE.
NORTH HAMPTON, NH 03862-2012

Visit us at the New Hampshire
Al-Anon Website:

www.nhal-anon.org