

SUNDAY/AL-ANON

- C Bedford 9:30-11:00 AM  
H D-010 #009003, Bedford Town Hall, Meeting House Rd.
- O Claremont 7:00-8:00 pm  
H VT 001 #008972  
Valley Regional Hospital, Buckley Conference Rm., 280 Main St.
- A Contoocook 7:00-8:30 PM  
C 12 & 12 & 12 D-001 #060511  
United Methodist Church, Maple St. (next to Community Ctr. Enter left side of bldg.)
- O Deerfield Center 7:30-8:30 PM  
A D-002 #30540263  
Deerfield Community Church UCC 15 Church St. (off 107) (side door)
- O Derry 7:00-8:30 PM Step Study  
H D-009 #30515637  
A First Parish Church  
47 East Derry Road
- O Keene 5:00-6:00 PM  
H D-007 #30563138  
St. James Episcopal Church  
44 West St. (use back door)
- Nashua 7:30-9:00 PM  
C D-008 #032180,  
Nashua Baptist Church  
A 555 Broad Street  
H (Exit 6 2.4 miles West toward Hollis,  
Church is on the right, park in upper lot behind church, use door on far right)
- C Portsmouth 9:00-10:15 AM  
H D-012 #30526380  
Community Campus; Foundation for Seacoast Health, Board Rm. 100 Campus Drive Follow West Rd. (off Rte. 1)
- O Salem 6:00-7:00 PM  
H D-009 #066449  
Salem Haven Nursing Home Chapel Geremonty Dr.
- C Whitefield 7:00 PM  
D-006 #501435  
Trinity United Methodist Church  
18 Lancaster Rd (Route 3)
- MONDAY/AL-ANON
- O Charlestown **6:30 -7:30 PM**  
D-003 #30579178  
Charlestown Congregational Church Main Street
- C Hampton 6:45-8:00 PM, 4th Step  
H D-012 #051522  
Lane Library, Academy Ave  
(No meeting on holidays)
- C Keene 11:45 AM-1:00  
D-007 #039987 Clairvaux Center  
St Bernard's Church  
161 Main St

MONDAY AL-ANON continued...

- C Manchester 7:30-9:00 PM  
H Speaker Discussion D-010 #045304  
Beginners 7:30-8:15  
Elliot Hospital, 955 Auburn St  
(Fleming Dining Commons)
- C Milford 7:00-8:30 PM 12x12x12  
H D-008 #062515 St. Joe's Milford  
Med. Ctr. 442 Nashua St. (use  
handicapped entrance east side of  
building/ Community Ed. Room)
- O Nashua 10:30 AM-12 00  
D-008 #066826  
Millette Manor, 72 Vine St  
(use handicap ramp to lower level)
- C Peterborough 7:00-8:30 PM  
D-007 #041866  
All Saints Episcopal Church  
Parish House, 49 Concord St
- C Plymouth 7:00-8:00 PM  
H D-004 # 501212, 263 Highland St  
Red Cape across from "Whole  
Village". (use back door)
- O Rochester 7:30-8:50 PM  
D-002 #009037, Emanuel Church  
Eastern Ave (1/2 mi from PO)
- O Winchester 7:30 to 9:00 PM  
A D007 #30532001  
United Church of Winchester  
(parsonage), 97 Main Street
- Wolfeboro 8:00-9:00 PM  
Newcomers 7:00-8:00 PM  
D-005 #009047  
1st Congregational Church  
115 South Main St. (thru double doors,  
down ramp, room on right)
- TUESDAY/AL-ANON
- C Bedford 7:30-9:00 PM  
D-010 #009004  
Ridgewood Nursing Center  
25 Ridgewood Rd. (Cafeteria)
- Concord 7:30-9:00 PM  
D-001 #048542  
Grace Episcopal Church  
30 Eastman St (exit 16) E Concord
- C Dover 7:00-8:00 PM, Book Study  
H D-002 #30529644  
St. John's United Methodist Church  
28 Cataract Ave. (Near McIntosh  
College, downstairs, Junior High Rm.)
- O Gilford 3:45 -4:45 PM  
H D-004 #30508944  
19 Potter Hill Road  
(Downstairs Mason Rm 1<sup>st</sup> Door on Right)
- O Laconia 8:00-9:15 PM, Step Mtg.  
A D-004 #048072  
H Congregational Ch. Parish House  
18 Veterans Sq.

TUESDAY AL-ANON continued...

- O Littleton 7:00-8:00 PM  
D-006 #048543  
First Congregational Church  
189 Main St  
(front door on right-upstairs)
- C Nashua 7:00-8:30 PM  
H D-008 #048252  
St. Joseph Hospital  
172 Kinsley street, (Ask at front  
desk for room location)  
No Meetings 1/17,2/21,3/27,4/17
- O New London 7:00-8:00 PM  
A D-003 # 063227  
H First Baptist Church  
Rte. 114
- C North Hampton 10:00-11:30 AM  
H Beginners Meet 9:00-9:45AM  
D-012 #009027  
United Church of Christ  
Atlantic Ave & Post Rd
- O Salem 7:30-9:00 PM  
D-009 #041263  
St. Julie Hall at St. Joseph's Church  
40 Main St., Salem, NH
- WEDNESDAY/AL-ANON
- C Bedford 10:00- 11:30 AM  
H D-010 #045118 Step  
Bethany Covenant Church  
1 Covenant Way (Off Rte.101)  
(Enter at Front of Church)
- O Berlin 7:00 -8:00 PM  
D-006 #501106  
The Salvation Army, 15 Cole St.  
(use side door)
- A Brentwood 7:30-8:30 PM  
O D-002 #30552757  
Pilgrim United Church of Christ  
197 Middle Rd.
- Concord 7:00-8:15 PM  
D-001 #008974 Concord Hospital  
5<sup>th</sup> Floor, Suite 5400  
Pleasant St.  
(Group Therapy Rm)
- Derry 7:30-9:00 PM  
D-009 #008977  
First Parish Church  
47 East Derry Rd.
- O Dover 10:00-11:30 AM  
D-002 #008978  
First Parish Congregational Church  
218 Central Ave
- C Franklin 6:15-7:15 PM  
H D-001 #30562366  
Webster Place,  
27 Holy cross Rd.  
(2<sup>nd</sup> bldg. on Rt.)

WEDNESDAY/AL-ANON continued...

- C Hampstead 7:30 PM, Women's  
D-009 # 502409 "  
Hampstead Congregational Church  
Hadley Hall 61 Main St.
- Hampton 7:00- 8:00 PM  
Beginners Welcome  
D-012 #066976  
Hobbs House -Trinity Episcopal  
Church, 200 High Street
- C Keene 7:00-8:30 PM  
A D-007 #008995  
St James Episcopal Church,  
44 West St. (elevator at parking lot)
- O Meredith 8:00-9:00 PM  
A D-004 #066450  
First Congregational Church  
Highland Street (use back door)
- A Nottingham 7:30-8:45 PM  
O D-002 #060058  
Nottingham Town Offices  
139 Stage Rd., Rte. 152  
(Main entrance door & then sharp right)
- C Portsmouth 10:00-11:15 AM  
Step/ Tradition D-012 #501184  
Christ Church (Episcopal)  
1035 Lafayette Rd. (at Mirona Rd.  
across from McDonald's/ side door)
- H Rochester 7:30- 8:30 PM  
A D-002 #047848  
O Trinity Anglican Church  
180 Rochester Hill Rd. (Rte. 108)  
(park/enter in back)
- THURSDAY/AL-ANON
- A Concord 12:00 Noon-1:00  
D-001 #044273 12&12 Meeting  
First Congregational Church  
Cnr. Washington & No Main St.  
(Thur Mtgs that fall on a Holiday will meet  
on Wednesdays)
- Conway 12:00 Noon  
D-005 #060851  
Conway Vill. Congregational Church  
Main St. (In basement - stairs near front  
door)
- H Epsom 7:15-8:15 PM  
A D-001 #30516643  
New Epsom Public Library  
1606 Dover Rd., Rte. 4  
(No meeting on holidays)
- Hampton 10:30 AM-12:00  
Newcomers 9:30-10:30 AM  
D-012 #044716  
Our Lady of the Miraculous Medal  
289 Lafayette Rd, Rte 1
- O Keene Noon-1:00  
D-007 #061705  
United Church of Christ (parlor)  
23 Central Square

THURSDAY/AL-ANON continued...

- O Laconia 8:00 PM  
A D-004 08996  
H Congregational Church Parish  
House, 18 Veterans Square
- O Lebanon 6:30-7:30 PM  
H D-003 #30529642  
United Methodist Church  
18 School Street (Park School St. or  
school yard. Enter middle door, left side  
of Church)
- O Londonderry 7:00-8:30 PM  
D-009 #30563136  
Londonderry Presbyterian church  
Avery House, 125 Pillsbury Rd.
- C Manchester 7:30-9:00 PM  
H Beginners 7:30-8:15  
D-010 #044541  
St. Raphael's Church  
corner 3<sup>rd</sup> & Ferry St.  
(use Ferry St. Entrance)
- C Nashua 10-30 AM-Noon  
H D-008 #030299  
Millette Manor,  
72 Vine St  
(use handicap ramp to lower level)
- C Nashua 7:30-9:00 PM  
H Newcomers 7:00-7:30  
D-008 #046114  
St. Joseph Hospital  
Carl Amelio Rm. Ground Floor
- Plaistow 7:00-8:00 PM  
Step Meeting D-009 #052697  
First Baptist Church  
Main St. (second floor)
- C Portsmouth 7:15-8:15 PM  
T Path to Peace D-012 #502827  
Christ Episcopal Church  
1035 Lafayette Rd. (Across from  
McDonalds- use glass side doors)
- A Sanbornville 7:30-8:30 PM  
H D-005 #009040  
Sanbornville United Methodist  
Church 181 Meadow St.  
(Left side door)
- FRIDAY/AL-ANON
- O **Center Ossipee** 10:30-11:30 AM  
A Seasonal Apr-Oct  
D-005 #30502305  
First Congregational Church  
(new building in rear)  
Old Rte. 16 (yellow ramp at rear door)
- H Dover 7:00-8:00 PM  
D-002 # 025269"  
St. John's United Methodist Church  
28 Cataract Ave. (near McIntosh  
Coll.) Downstairs-Junior High Room

1/31/12

This document may be printed & copied.

FRIDAY/AL-ANON continued...

- A Enfield 7:00-8:00 PM  
D-003 #008981  
St Helena's Church  
36 Shaker Hill Rd.  
"Little Shepherd's Rm." (thru  
garages, 2<sup>nd</sup> door on right)
- A Hampton 8:00-9:00 PM  
D-012 #008990  
United Methodist Church  
525 Lafayette Rd. (Rte. 1), just north  
of Rte 27. ( upstairs in Library room)
- O Laconia 9:30 AM  
H D-004 #048669  
Congregational Church  
Parish House  
18 Veterans Square
- C Manchester 6:30-7:30 PM  
H CAL Literature D-010# 503815  
CMC Medical Center  
100 McGregor St. (Take 3<sup>rd</sup>  
elevator to Floor G, Rm G2)
- C Nashua 7:00-8:00 PM  
A D-008 #065740  
H St. Joseph Hospital  
172 Kinsey Street (Ask at front  
desk for room location)
- H No Conway 8:00-9:00 PM  
A D-005 #009026  
Gibson Center, Corner Main &  
Grove St.
- A Portsmouth 7:30-8:30 PM  
O D-012 #039977  
H Community Campus; Foundation for  
Seacoast Health, Board Rm.  
100 Campus Drive  
Follow West Rd. (off Rte. 1)

SATURDAY/AL-ANON

- O Center Harbor 8:00 AM  
D-004 #502925  
Center Harbor Congregational  
Church, 52 main Street-  
(enter right side front door)
- O Hampton 1:00-2:30 PM  
H D-012 #030478  
Our Lady of Miraculous Medal  
Parish Hall (downstairs)  
289 Lafayette Rd, Rte 1
- O Laconia 8:00-9:15 PM  
H D-004 #047013  
A Lakes Region Gen. Hospital  
80 Highland St.  
Conference Room 1-D 1<sup>st</sup>. floor

SATURDAY/AL-ANON continued

- O Londonderry 9:30-11 AM  
H D-009 #042010  
St Marks Church  
(Corner South St. & Mammoth Rd.)
- O Nashua 9:00-10:30 AM  
H D-008 #30507121  
So NH Regional Medical Center  
West Campus  
29 Northwest Blvd.
- O Pelham 6:00-7:00 PM  
D-009 #30584469  
Congregational Church  
Main Street
- O Tamworth 8:00-9:15 PM  
H D-005 #009044  
A St Andrews Episcopal Church,  
Old Rte 25

ALATEEN MEETINGS

SUNDAY ALATEEN

- C Keene 5:00-6:00 PM  
H D-007 #30586114  
St. James Episcopal Church  
44 West St. (use back door)  
Conference Room 1<sup>st</sup> Floor

FRIDAY ALATEEN

- \* Portsmouth 7:30-8:30 PM  
C D-012 #30552191  
A Community Campus - Library  
100 Campus Drive  
Follow West Rd. (off Rte. 1)

**Al-Anon Declaration**

**Let It Begin With Me**  
When anyone, anywhere,  
reaches out for help,  
let the hand of Al-Anon and  
Alateen always be there, and  
--- **Let it Begin With Me.**

**Al-Anon/Alateen IN NH (Area 35)**

**Alanews Needs You!**

Send articles, anniversary information and  
announcements to [alanews@nhal-anon.org](mailto:alanews@nhal-anon.org)  
or to the address below.

**Send Contributions For  
State of New Hampshire / Area 35:**

NHWSA  
PO BOX 220  
CONCORD NH 03302  
Make checks payable to:  
NHWSA (Area 35)

**AL-ANON/ALATEEN**  
Answering Service of NH  
**603-645-9518**

**ALCOHOLICS ANONYMOUS**  
Toll free: **1-800-593-3330**  
<http://www.nhaa.net>

LITERATURE

You can order literature from the World Service Office  
online or download an order form at  
<http://www.al-anon.org>. For a catalog call 1-757-563-  
1600. Make checks payable to: AFG, Inc. 1600  
Corporate Landing Parkway, Virginia Beach, VA  
23454-5617

**Area 35 Assemblies 2012:**

- GR's attend to represent their group members. \*\*
- Sat Mar 17 Register 9:30 am. Mtg. 9:45 - 4:00
  - Sat May 19 Register 9:30 am. Mtg. 9:45 - 4:00
  - Sat Oct. 20 Register 9:30 am. Mtg. 9:45 - 4:00

**Area 35 World Service Committee Meetings 2012:**

- DR's attend to represent their districts. \*\*
- Sun Jan 22 Register 10:00 am Mtg 10:15 - 4:00
  - Sun Feb 12 Register 10:00 am Mtg 10:15 - 4:00
  - Sun Aug 19 Register 10:00 am Mtg 10:15 - 4:00
  - Sun Sep 16 Register 10:00 am Mtg 10:15 - 4:00
  - Sun Nov 18 Register 10:00 am Mtg 10:15 - 4:00
- (No meetings April, June, July, Dec.)

\*\* All meetings are in the Concord Hospital, Conference  
Rm. B, unless otherwise noted.  
All Al-Anon/Alateen Members are welcome to attend  
these meetings.

Come find out about YOUR NH Al-Anon/Alateen!  
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**SAVE THE DATES!!!**

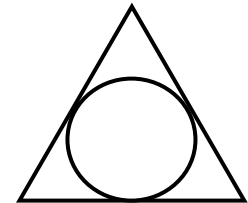
**June 23<sup>rd</sup> Al-Anon TEAM event**

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**Sept 21st thru Sept 23rd 2012**  
**29<sup>th</sup> New Hampshire Al-Anon and**  
**Alateen Convention**

Does Someone's Drinking  
Trouble You?

NEW HAMPSHIRE AL-ANON/ ALATEEN  
**MEETING LIST**  
January 31, 2012



"When our information service office lists a group,  
at their request, there is an informal agreement that  
the group will abide by Al-Anon Traditions and  
keep its doors open to any Al-Anon member.  
Listing in this directory does not constitute approval  
of any group's manner of practicing the Al-Anon  
program. If the group you attend is not right for  
you, please try another. There is help available in  
Al-Anon."

Meetings listed are in English and non-  
smoking unless otherwise noted:

- A AA Meeting nearby
  - B Baby-sitting provided
  - C Closed Meeting - for those who feel  
their lives have been or are being  
affected by close contact with a problem  
drinker
  - D District number
  - H Handicapped accessible
  - O Open Meeting- for everyone including  
those who have not been affected by a  
problem drinker
  - T Alateen Meeting nearby
  - # Group number
- \* Al-Anon same time and place

**Send new meeting registrations and  
information changes to:**

GROUP RECORDS COORDINATOR  
299 OLD CHESTERFIELD ROAD  
WINCHESTER, NH 03470

OR EMAIL TO:  
[group-records@nhal-anon.org](mailto:group-records@nhal-anon.org)

Visit us at the New Hampshire  
**Al-Anon Website:**

[www.nhal-anon.org](http://www.nhal-anon.org)