

## **HINTS FOR ATTENDING AN AL-ANON CONVENTION**

- \*REMEMBER THAT AL-ANON IS A FELLOWSHIP AND A CONVENTION IS A WAY TO BE PART OF THE LARGER FELLOWSHIP AND A PLACE TO MEET NEW FRIENDS.**
- \*YOU CAN COME TO A CONVENTION ON YOUR OWN OR YOU CAN FIND SOME AL-ANON FRIEND TO GO WITH.**
- \*SIGN UP EARLY SO YOU WILL HAVE SOMETHING SPECIAL TO LOOK FORWARD TO.**
- \*DON'T WORRY IF YOU ARE SHY OR HURTING BADLY,  
AL-ANON IS A SAFE AND GENTLE PLACE TO BE.**
- \*COME PREPARED FOR A LIFE-CHANGING EXPERIENCE THROUGH THE WORKSHOPS AND SPEAKERS.**
- \*COME PREPARED FOR FUN AND RELAXATION.**
- \*YOU CAN SIGN UP FOR THE DAY OR THE OVERNIGHT.**
- \*COME PREPARED FOR NEW SERENITY AND PEACE THROUGH YOUR PARTICIPATION.**

**HOPE TO SEE YOU AT THE CONVENTION**